








































# Runners & Riders Results - 30th Jan 2022

4.7M 890ft

Pos	No.	Name	Category	Cyclist/Runner	Club	Time
1	338	David Mirfield	Man	Cyclist 	Hope Factory Racing	26:33
2	408	Sam Watson	Man	Cyclist 	Hope Factory Racing	27:56
3	339	Matthew Fretwell	Man	Cyclist 	Settle Harriers	28:37
4	409	Morgan Donnelly	MV40	Cyclist 	Kendal Cycling Club	29:16
5	393	Stefan Macina	MV50	Cyclist 	Shibden CC	29:26
6	425	Philip Simcock	MV40	Cyclist 	Team JMC	29:37
7	444	Dave Haygarth	MV50	Cyclist 	Wheelbase Castelli	30:15
8	445	Bob Addey	MV40	Cyclist 	Unattached	30:20
9	356	Rory Stead	Man	Cyclist 	Unattached	30:39
10	405	Jim Davies	MV50	Cyclist 	Kendal Cycling Club	31:09
11	437	Dave Wilby	MV40	Cyclist 	Ilkley Cycling Club	31:10
12	361	Adam Osborne	MV40	Runner	Calder Valley FR	31:25
13	449	Ian Holmes	MV50	Runner	Bingley Harriers	31:44
14	363	Chris Miller	Man	Runner	Harrogate Harriers & AC	31:56
15	352	Nigel Wood	MV40	Cyclist 	Kendal Cycling Club	32:01
16	382	Victoria Peel	Lady	Cyclist 	Hope Factory Racing	32:26
17	337	Nick Hardy	Man	Runner	Saltaire Striders	32:37
18	341	Harry Coates	Man	Runner	Wharfedale Harriers	32:53
19	309	Ethan Hassell	Man	Runner	Wharfedale Harriers	32:57
20	490	Matthew Warters	Man	Runner	Wharfedale Harriers	32:58
21	450	Ian Gibbons	MV50	Cyclist 	Ilkley Harriers	32:59
22	477	Adam Leach	MV40	Cyclist 	Sun Dried Gopher	33:00
23	327	Dave Kirkham	MV40	Cyclist 	Paceline Cycles	33:12
24	357	Callum James	Man	Runner	Keighley & Craven AC	33:34
25	400	Amelie Lane	Lady	Runner	Wharfedale Harriers	33:35
26	493	Tom Stapleton	Man	Runner	Unattached	33:36
27	462	Joe Rundle	Man	Runner	Keighley & Craven AC	33:41
28	358	Robin Bradbury	MV40	Cyclist 	Unattached	33:48
29	377	Richard Gate	MV50	Cyclist 	Albarosa CC	33:53
30	369	Emily Gibbons	Lady	Runner	Ilkley Harriers	34:06
31	447	Emma Hopkinson	LV40	Runner	Wharfedale Harriers	34:13
32	489	Jeff Green	MV50	Runner	Ilkley Harriers	34:25
33	387	William Fox	Man	Runner	Nidd Valley	34:45
34	423	Michael Burdon	MV50	Runner	Unattached	35:22
35	371	Luke Solomon	Man	Cyclist 	Unattached	35:27
36	372	Marcus Scargill	Man	Cyclist 	Unattached	35:35
37	399	Gavin Smith	MV40	Runner	Skipton AC	35:43
38	398	Allen Bush	MV40	Runner	Unattached	35:47
39	359	Richard Frosztega	Man	Runner	Harrogate Harriers & AC	35:56
40	481	Daniel Hurd	Man	Runner	Wharfedale Harriers	36:12
41	308	Adam Gibson	Man	Runner	Wharfedale Harriers	36:18
42	333	Richard Brewster	MV50	Cyclist 	Here Come The Belgians	36:19
43	355	Jonathan Coney	Man	Runner	North Leeds FR	36:21
44	474	James Barsby	Man	Runner	Mearley Runners	36:22

Pos	No.	Name	Category	Cyclist/Runner	Club	Time
45	334	Jon Bardgett	MV50	Cyclist 	Cyclocrossrider.com	36:24
46	380	Adam Pridmore	MV40	Cyclist 	EBCC	36:27
47	421	Ian Bush	MV40	Runner	Unattached	36:33
48	340	Andrew Porter	MV50	Cyclist 	Appletreewick MTB	36:43
49	415	Andrew Harris	MV40	Runner	Nidd Valley	36:45
50	328	Darren Fishwick	MV50	Runner	Chorley AC & Tri	36:49
51	414	Martin Lofthouse	MV50	Runner	Nidd Valley	36:53
52	381	Paul Milsom	MV40	Cyclist 	Bradford Olympic	36:54
53	319	Ian Willis	MV40	Runner	Keighley & Craven AC	37:08
54	342	Nigel Tuley	MV50	Cyclist 	Weds Night Crew	37:16
55	317	Andrew Smith	MV50	Cyclist 	Barlick FR	37:55
56	482	Jason Hemsley	MV50	Cyclist 	Wharfedale Harriers	38:07
57	478	Jonty Drewery	MV40	Cyclist 	Unattached	38:12
58	318	Addison Willis	Man	Cyclist 	Wharfedale Harriers	38:22
59	454	Dan Coe	MV40	Runner	Unattached	38:32
60	475	Ryan Murray	Man	Runner	Unattached	38:34
61	310	Graham Bird	MV50	Cyclist 	Wharfedale Harriers	38:37
62	386	Rob Hudson	MV50	Runner	Keighley & Craven AC	38:48
63	429	Will Hall	Man	Runner	North Leeds FR	38:50
64	332	Nicola Davies	LV60	Cyclist 	Cyclocrossrider.com	38:51
65	459	Ian Lovatt	Man	Runner	Unattached	39:11
66	367	John Osborne	MV50	Runner	Settle Harriers	39:32
67	388	Alan Walsh	Man	Runner	Wharfedale Harriers	39:52
68	330	Joe Parsons	Man	Runner	Unattached	39:52
69	434	Nigel Scaife	MV50	Runner	Nidd Valley	39:53
70	458	Sion Fletcher-Rees	Man	Runner	Unattached	40:03
71	322	Josh Pearson	Man	Cyclist 	Unattached	40:06
72	439	Blyth Davies	Man	Runner	Pudsey & Bramley AC	40:10
73	402	Richard Timms	MV50	Runner	Settle Harriers	40:14
74	457	Andy Jennings	Man	Runner	Unattached	40:16
75	451	Hannah Benson	LV50	Runner	Ilkley Cycling Club	40:29
76	329	Chris Farrimond	Man	Runner	Chorley AC & Tri	40:34
77	443	Jonathan Winstanley	MV50	Runner	Unattached	40:39
78	472	Robert Aldous	Man	Runner	Unattached	40:40
79	376	Alan Life	MV50	Runner	Clayton-le-Moors	41:08
80	442	Boff Whalley	MV60	Runner	Pudsey & Bramley AC	41:09
81	416	Brian Hainsworth	MV49	Runner	Nidd Valley	41:10
82	446	Lucy Needham	Lady	Runner	Wharfedale Harriers	41:32
83	469	Howard Blackburn	MV40	Runner	Unattached	41:43
84	441	Matthew Pixton	MV50	Runner	Unattached	41:58
85	324	Tim Spooner	Man	Cyclist 	Unattached	42:02
86	495	Lloyd Beaumont	Man	Cyclist 	Hopey Bicycle Repairs	42:17
87	491	Robin Hold	Man	Runner	Unattached	42:19
88	350	Jean Powell	LV50	Runner	Wharfedale Harriers	42:38
89	471	Steve Morland	MV50	Runner	Knaresborough Striders	42:46
90	336	John Pitchers	MV60	Cyclist 	Wednesday Night Riders	42:55
91	433	Andy Iddon	Man	Runner	Nidd Valley	43:04
92	379	Keith Randle	MV50	Runner	Aris Velo	43:11

Pos	No.	Name	Category	Cyclist/Runner	Club	Time
93	461	Helen Price	LV50	Runner	Nidd Valley	43:17
94	364	Debbie Hope	LV50	Runner	Settle Harriers	43:43
95	335	Lucy Mallinson	LV40	Runner	Wharfedale Harriers	44:01
96	473	James Gaffrey	Man	Runner	Mearley Runners	44:03
97	436	John Orrel	MV50	Runner	Hoghton Flyers	44:10
98	404	Lauren Leak-Smith	Lady	Runner	Unattached	44:29
99	407	Gill Myers	LV60	Cyclist 	Wharfedale Harriers	44:31
100	412	Sam Fugill	Man	Runner	Nidd Valley	44:35
101	427	John Thompson	MV60	Runner	Wharfedale Harriers	44:38
102	362	Neil Fairburn	MV50	Runner	Baildon Runners	44:57
103	403	Sharron Smith	LV50	Runner	Otley AC	45:02
104	470	Catherine Morland	LV40	Runner	Knaresborough Striders	45:07
105	354	Hester Cox	LV50	Runner	Settle Harriers	45:08
106	485	Phil Carman	MV40	Runner	Nidd Valley	45:11
107	452	Jayne Butterworth	LV50	Runner	Skipton AC	45:18
108	320	Frankie Lee	MV60	Cyclist 	Unattached	45:19
109	435	Catherine Barber	Lady	Runner	Nidd Valley	45:21
110	480	Murray Scott	MV40	Runner	Knaresborough Striders	45:25
111	479	Lucy Brown	Lady	Runner	Barlick FR	45:31
112	392	Sean Brennan	MV50	Runner	Knaresborough Striders	45:42
113	418	Nick Oddy	MV40	Runner	Unattached	45:58
114	448	Christine Threlfall	Lady	Runner	Unattached	46:15
115	426	Tony Shepherd	MV50	Runner	Wharfedale Harriers	46:18
116	326	Martin Roberts	MV60	Runner	Todmorden Harriers	46:22
117	345	Ken Robinson	MV70	Runner	Wharfedale Harriers	46:30
118	316	Len l'Anson	MV60	Runner	Wharfedale Harriers	46:33
119	411	Jane Evans	Lady	Runner	Nidd Valley	46:43
120	488	Megan McCall	Lady	Runner	Otley AC	46:49
121	313	Andrew Johnson	MV60	Runner	York Knavesmire Harriers	46:52
122	460	Kelly Wilby	LV40	Runner	Ilkley Harriers	46:58
123	389	Norman Bush	MV70	Runner	Fell Runners Association	46:59
124	456	Josie Rotheocot	LV40	Runner	Unattached	46:59
125	397	Nicola Forwood	Lady	Runner	Hyde Park Harriers	47:10
126	366	Mike Benson	MV60	Runner	Settle Harriers	47:19
127	307	Thod Gibson	MV50	Runner	Wharfedale Harriers	47:22
128	476	Alison Fox	LV50	Runner	Huntingdonshire AC	47:29
129	331	Paul Wilson	MV60	Runner	Wharfedale Harriers	47:39
130	417	Sarah Charlesworth	LV40	Runner	Wharfedale Harriers	47:48
131	344	Lynn Whittaker	LV60	Runner	Wharfedale Harriers	48:03
132	410	Steve Weston	MV50	Runner	Fell Runners Association	48:11
133	486	John Carman	MV60	Runner	Unattached	48:18
134	360	Olivia Hawkins	LV40	Runner	Settle Harriers	48:29
135	492	Rosie Binns	Lady	Runner	Unattached	48:55
136	385	Sharon Hudson	LV50	Runner	Keighley & Craven AC	48:56
137	438	Harry Atkinson	MV60	Runner	Bingley Harriers	49:00
138	315	Jeremy Scott	MV50	Runner	Nidd Valley	49:04
139	466	Chris Morris	MV50	Runner	Nidd Valley	49:05
140	353	Adam Hugill	Man	Runner	Skipton AC	49:10

Pos	No.	Name	Category	Cyclist/Runner	Club	Time
141	343	Andy Holden	MV50	Runner	Bavarian Lederhosen	49:26
142	419	Jim Holding	MV60	Runner	Pocklington Runners	49:36
143	468	Gary Dooley	MV40	Runner	Nidd Valley	49:38
144	368	Charlie Barnes	MV50	Runner	Unattached	49:44
145	401	Carmel Ramwell	LV50	Runner	Settle Harriers	50:17
146	383	Dave Tait	MV70	Runner	Dark Peak FR	50:18
147	463	Emma David	LV40	Runner	Nidd Valley	50:26
148	420	Christine Holleran	LV50	Runner	Nidd Valley	50:28
149	365	Julia Murfin	LV50	Runner	Settle Harriers	50:30
150	424	Jacqui Simcock	LV50	Runner	Team JMC	50:33
151	406	Dave West	MV50	Cyclist 	Unattached	50:46
152	375	Carol Life	LV50	Runner	Clayton-le-Moors	50:50
153	431	Rick Small	MV70	Cyclist 	Skipton Cycle Club	50:59
154	440	Benji Grundy	Man	Runner	Wharfedale Harriers	51:02
155	455	Thomas Shepherd	Man	Runner	Unattached	51:04
156	349	Fiona Armer	LV50	Runner	Settle Harriers	51:08
157	347	Donald Buffham	MV60	Cyclist 	Otley AC	52:37
158	394	Debs Roach	Lady	Runner	Haworth Social Runners	52:53
159	378	Alison Gate	LV50	Runner	Airecentre Pacers	52:56
160	432	Colin Best	MV60	Runner	Otley AC	52:59
161	464	Mark Warner	MV50	Runner	Hunters Bogtrotters	53:00
162	428	Paul Norman	MV60	Runner	Skipton AC	53:26
163	312	Barry Cooper	MV50	Cyclist 	Unattached	53:56
164	348	Linsey Barclay-Smith	LV50	Runner	Settle Harriers	54:45
165	374	Dave Prince	MV50	Cyclist 	Nidd Valley	54:47
166	467	Sarah Fabron	LV40	Runner	Nidd Valley	54:55
167	453	Mike Teale	MV60	Runner	Skipton AC	55:27
168	494	Alun Davies	MV50	Runner	Valley Striders	56:10
169	395	Paul Roach	MV40	Runner	Haworth Social Runners	56:18
170	384	Tess Walker	LV40	Runner	Settle Harriers	56:24
171	430	Chris Rose	LV60	Runner	Skipton AC	56:26
172	314	Andrew Biddle	MV60	Runner	Wharfedale Harriers	57:20
173	391	Geoff Thompson	MV60	Runner	Wharfedale Harriers	57:42
174	396	Abbie Lawson	LV40	Runner	Haworth Social Runners	57:46
175	465	Dan Simmons	MV60	Runner	Harrogate Harriers & AC	57:51
176	370	Steve Hunn	MV60	Runner	Skipton AC	57:57
177	321	Trevor Metcalfe	MV70	Runner	Wharfedale Harriers	58:06
178	325	Sue Roberts	LV50	Runner	Todmorden Harriers	58:11
179	483	Matthew Walker	MV60	Cyclist 	Flying Farmers	58:22
180	390	Su Thompson	LV50	Runner	Wharfedale Harriers	1:00:10
181	487	Gill Smith	LV60	Runner	Baildon Runners	1:02:59
182	484	Julie Carman	LV60	Runner	Trawden AC	1:03:06
183	373	Sarah Chalmers	LV50	Runner	Nidd Valley	1:04:45
184	323	Claire Roberts	Lady	Runner	Unattached	1:06:14
185	422	Graham Hyde	MV40	Runner	Nidd Valley	1:07:10
186	413	Antonio Cardinale	MV70	Runner	Otley AC	1:32:00