
































Runners & Riders (Ted's 40th)


2nd February 2019

Results

Position	Name	Category	Cyclist/Runner	Club	Time
1	Stefan Macina	Man	Cyclist 	Aurelius Cycles	30.14
2	Simon Bailey	Man	Runner	Mercia FR	30.36
3	Ben Mounsey	Man	Runner	Calder Valley	31.16
4	Sam Watson	Man	Cyclist 	Hope/Wharfedale	31.29
5	Jack Cummings	Man	Runner	Ilkley	31.49
6	Adam Osbourne	Man	Runner	Calder Valley	31.53
7	Craig Jarratt	Man	Cyclist 	Harrogate	31.58
8	Ian Holmes	MV50	Runner	Bingley	32.28
9	Nicholas Barber	Man	Runner	Helm Hill	32.36
10	Darren Kay	Man	Runner	Calder Valley	32.57
11	Matthew Waters	Man	Runner	KCAC	33.50
12	Mark McGoldrick	Man	Runner	Wharfedale	33.54
13	Tom Millard	Man	Runner	Wharfedale	33.55
14	Christian Holmes	Man	Runner	Wharfedale	34.01
15	Harry Coates	Man	Cyclist 	Wharfedale	34.07
16	Matthew Fretwell	Man	Cyclist 	Settle	34.09
17	Andrew Cairn	Man	Runner	Skipton	34.14
18	Sarah McCormack	Lady	Runner	Ambleside	34.30
19	Andy Berry	Man	Runner	Barlick	34.36
20	Tim Chadwick	Man	Runner	Barlick	34.57
21	Robert Carr	Man	Cyclist 	Wharfedale	34.59
22	Nicholas Charlesworth	MV50	Runner	Wharfedale	35.21
23	Noel Curtis	Man	Runner	Pennine	35.42
24	Dan Sands	Man	Runner	Wharfedale	35.45
25	Stewart Hunn	Man	Runner	Wharfedale	35.49
26	Paul Lambert	MV50	Cyclist 	Settle	35.53
27	Luke Solomon	Man	Cyclist 	U/A	35.56
28	Jeff Green	MV50	Runner	Ilkley	36.00
29	Paul Garman	Man	Runner	Ilkley	36.03
30	Paul Wilson	Man	Cyclist 	Ilkley	36.06
31	Mike Burdon	MV50	Runner	U/A	36.15
32	Steve Smithies	MV50	Runner	Calder Valley	36.18
33	Ian Willis	Man	Runner	KCAC	36.34
34	Declan Bulmer	Man	Runner	Wharfedale	36.57
35	Rob Ormrod	Man	Runner	U/A	37.00
36	Daniel Hird	Man	Runner	Wharfedale	37.14
37	Patrick Wardle	Man	Runner	Wharfedale	37.14
38	Graham Bird	MV50	Cyclist 	Wharfedale	37.21
39	Jason Bishop	Man	Cyclist 	Wharfedale	37.34
40	John Murfin	Man	Runner	Settle	37.37
41	Ruth Jones	Lady	Runner	Salford Harriers	37.39
42	Spencer Riley	Man	Runner	Wharfedale	37.48
43	Marcus Scargill	MU21	Cyclist 	U/A	37.59

44	Jason Hemsley	MV50	Runner	Wharfedale	38.03
45	Nick Helliwell	Man	Runner	Ilkley	38.03
46	Tim Spooner	Man	Cyclist 	MR Slow (U/A)	38.13
47	Martin Lofthouse	MV50	Runner	Nidd Valley	38.19
48	Gavin Smith	Man	Runner	Skipton	38.39
49	Fred Bosomworth	Man	Cyclist 	U/A	39.00
50	Zoe Barber	Lady	Runner	Mercia FR	39.03
51	Richard Gale	Man	Cyclist 	Swaledale	39.05
52	Joe Parsons	Man	Runner	U/A	39.15
53	Kirsty Hall	Lady	Runner	Ribble Valley	39.20
54	Jonny Gill	MU21	Cyclist 	Paceline Cycles	39.46
55	Ian Rowbotham	MV60	Runner	Harrogate	40.03
56	Nigel Scaife	Man	Runner	Nidd Valley	40.05
57	Alastair Allen	Man	Cyclist 	U/A	40.06
58	Tim Gill	MV50	Cyclist 	Shibden CC	40.31
59	Nigel Tulley	MV50	Cyclist 	Skipton	40.43
60	Michael Toman	MV50	Runner	Accrington	40.51
61	Steph Curtis	Lady	Runner	Pennine	41.18
62	Thod Gibson	MV50	Cyclist 	Wharfedale	41.27
63	Tony Taylor	Man	Runner	Swaledale	41.33
64	Sarah Hackett	Lady	Runner	Swaledale	41.43
65	Stephen Fry	MV50	Runner	Harrogate Harr	41.47
66	Jamie Dilasser	Man	Runner	Nidd Valley	41.55
67	Paul Bayley	Man	Runner	Tring	42.08
68	Andrew Porter	MV50	Cyclist 	U/A	42.13
69	Mark Jordan	MV60	Runner	Harrogate Harr	42.15
70	Michael McInnes	Man	Runner	Skipton	42.18
71	Stevie Bottomley	MV50	Cyclist 	Shibden CC	42.35
72	Gary Jackson	Man	Cyclist 	Huddersfield Star Wheelers	42.38
73	Tony Tamussin	Man	Runner	Lazio, Italy	42.59
74	Adam Gibson	MU21	Cyclist 	Wharfedale	43.28
75	Jayne Butterworth	LV50	Runner	U/A	44.03
76	John Pitchers	MV50	Cyclist 	Aprick Crew	44.29
77	Tony Shepherd	MV50	Runner	Wharfedale	44.31
78	Nick Andralojc	MV50	Runner	Harrogate Harr	45.05
79	Jann Smith	Lady	Runner	Ilkley	45.09
80	Nick Russell	Man	Cyclist 	U/A	45.19
81	Philip Croft	MV50	Cyclist 	U/A	45.25
82	Ruth Ormrod	Lady	Runner	U/A	45.32
83	Neil Fairburn	MV50	Runner	Baildon Runners	45.36
84	Sally Haughton	LV50	Cyclist 	Moonglu	45.44
85	Jonathan Easton	Man	Runner	Nidd Valley	45.45
86	Gail Dillon	Lady	Cyclist 	U/A	45.48
87	Bob Blair	Man	Runner	U/A	45.57
88	James Knapp	Man	Runner	Nidd Valley	46.07
89	Hannah Newbould	LU21	Runner	Barlick	46.19
90	Sue Marshall	LV50	Runner	Skipton	46.25
91	Colin Valentine	MV50	Runner	Keswick	46.39

92	Tony Morrell	MV50	Runner	U/A	46.44
93	Lucy Needham	Lady	Runner	Wharfedale	46.46
94	Tom Marsh	Man	Runner	Wharfedale	46.59
95	Adam Stockdale	Man	Runner	U/A	47.02
96	Michael Forthergill	MV60	Runner	Skipton	47.04
97	Caroline Harding	Lady	Runner	Pudsey & Bramley	47.13
98	Karen Hodd	Lady	Runner	Skipton	47.16
99	Phil Robinson	MV50	Runner	Nidd Valley	47.17
100	Edward Piano	Man	Runner	Nidd Valley	47.18
101	Adam Elliot	Man	Runner	U/A	47.26
102	Mark David	MV50	Runner	Nidd Valley	47.51
103	Adam Mason	Man	Runner	U/A	47.56
104	Lynn Whittaker	LV50	Runner	Wharfedale	48.00
105	Phil Clayton	MV50	Runner	Blackcombe	48.04
106	Lucy Mallinson	Lady	Runner	U/A	48.38
107	Bryony Fearnley	Lady	Runner	U/A	48.38
108	Paul Wilson	MV60	Runner	Wharfedale	48.45
109	Adam Jackson	MU21	Runner	Huddersfield Star Wheelers	48.49
110	Gilly Wright	Lady	Runner	Otley AC	48.50
111	Rob Myers	MV60	Runner	Baildon Runners	48.53
112	Hannah Rayner	Lady	Runner	Skipton	49.17
113	Dan Stockdale	Man	Runner	U/A	49.23
114	Russell Geraghty	Man	Runner	Nidd Valley	49.25
115	Sophie Wilson	Lady	Runner	U/A	49.25
116	Christine Marshall	Lady	Runner	U/A	49.26
117	Barry Hopton	MV50	Runner	U/A	49.32
118	Donald Buffman	MV60	Cyclist 	Otley AC	49.44
119	Bob Baker	MV60	Runner	Otley AC	50.18
120	Judith Marshall	Lady	Runner	Settle	51.25
121	Triss Kenny	MV50	Runner	HBT	51.34
122	Angela Dowbiggin	LV50	Runner	Skipton	51.38
123	Dave Tait	MV70	Runner	Dark Peak	51.49
124	Christine Jones	LV50	Runner	Nidd Valley	51.58
125	Michelle Miller	Lady	Runner	U/A	52.13
126	Debbie Gibson	LV50	Runner	Nidd Valley	53.23
127	Grahan Breeze	MV70	Runner	Wharfedale	53.24
128	Baldrick (Dave) West	MV50	Cyclist 	U/A	53.46
129	Dave Prince	MV50	Runner	Nidd Valley	54.29
130	Alan Davies	MV50	Runner	Valley Striders	54.50
131	Claire Roberts	Lady	Runner	U/A	55.12
132	Andy Holden	MV50	Runner	Bavarian Lederhosen	55.54
133	Jan Smith	LV50	Runner	Skipton	56.14
134	Charlotte Charnley	Lady	Runner	U/A	56.37
135	Emma Lacey	Lady	Runner	Skipton	56.48
136	Francesca Hall	Lady	Runner	U/A	57.20
137	Steve Hunn	MV50	Runner	Skipton	57.40
138	Shirley Everett	LV60	Runner	Skipton	57.57
139	Rebecca Jones	Lady	Runner	Skipton	58.44

140	Sarah Millington	Lady	Runner	Skipton	1.04.31
141	Alyssa Nicholson	Lady	Runner	U/A	1.05.03
142	Sarah Chalmers	LV50	Runner	Nidd Valley	1.08.05
143	Debbie Dilasser	Lady	Runner	Nidd Valley	1.08.06
144	Mike Teale	MV50	Runner	Skipton	1.08.23
145	Phil Martin	MV70	Runner	Bowland	1.09.32
146	Matt Stockdale	Man	Cyclist 	U/A	1.12.38
147	Antonio Cardinale	MV60	Runner	Otley AC	1.16.40
148	Lizzy Mason	Lady	Runner	U/A	1.18.05