***Northern Cross Country Relay Championships***

***incorporating The Cutler’s Relay, South Yorkshire Cross Country Relay Championships & The Yorkshire Veterans AA Cross Country Relay Championships***

***(Under UKA Rules)***

***Permit Number 2014080***

***at***

***Graves Park, Sheffield***

***Saturday 18th October 2014***

***Supported by the A.A.A.***

***Northern Athletics***

***In association with***

***Sheffield Running Club***

***Presents***







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**Timetable of Events**

|  |  |  |  |
| --- | --- | --- | --- |
| Time | Event | Stages | Distance |
| 11.00am | Under 17 Women | 3 | 2300m |
| 11.05 | Under 17 Men | 3 | 2300m |
| 11.35 | Under 11 Girls | 3 | 1500m |
| 11.40 | Under11 Boys | 3 | 1500m |
| 12.00pm | Under 13 Girls | 3 | 1800m |
| 12.05 | Under 13 Boys | 3 | 1800m |
| 12.40 | Under 15 Girls | 3 | 2000m |
| 12.45 | Under 15 Boys | 3 | 2000m |
| 13.15 | Masters/Senior Women | 3 | 2 miles |
| 14.15 | Masters Men | 3 | 2 miles |
| 14.15 | Senior Men  ‘The Cutlers Relay’ | 4 | 2 miles |

To use our online entry system please go to:

**www.race-results.co.ukand follow the instructions.**

**CLUB COLOURS & VEST/CROP TOP ALL OF THE SAME DESIGN MUST BE WORN**

Clubs may submit a maximum of 9 names per team (3 Stage) or 12 names per team (4 Stage) There is no restriction as to the number of teams a club may enter except in U11 event where a maximum of 2 teams per club will be accepted.

**Closing date for entries 10th OCTOBER 2014**

**Northern Athletics, 7a, Wellington Road East, Dewsbury WF13 1HF**

**Tel: 01924 457922. E-mail: info@northernathletics.org.uk.**

Age Groups

U11 Competitors 9 &10 years on day of competition.

U13 Competitors 11years on the day of competition & 12 years on 31st August/1st September 2014

U15 Competitors 13 & 14 years on 31st August / 1st September 2014

U17 Competitors 15 & 16 years on 31st August / 1st September 2014

Senior Competitors 17 years and over on 31st August / 1st September 2014  
Masters All age groups – Competitors must be at least 35 years and the correct age for the appropriate category on the day of competition.

## *Entries*

All entries must be submitted through the Northern Athletics website online entry system

Entry fees as below.

U17/U15/U13 /U11 £18.00 per team

All Masters & Senior Women £18.00 per team (3 Stage)

Senior Men £24.00 per team (4 Stage)

## *Conditions of Entry*

* Entries from Clubs will only be accepted if the Club is currently affiliated to England Athletics and based in the Northern Athletics area.Team members MUST be first claim members of that club AND registered with England Athletics. **England Athletics Registration Numbers MUST be included. Athletes without registration numbers will not be accepted. (U11 athletes are exempt from this condition)   
  Any Foreign Athletes in the team MUST also be currently registered with UKA as Foreign Athletes. All team and athlete affiliation will be verified prior to the event. A club can enter as many foreign athletes as they wish but only 2 may run in each declared team**
* Clubs entering Yorkshire Veterans Championships **must** be affiliated to YVAA.
* Entries **must** be submitted via the official online entry system and the correct fees paid at the time of entry.
* Late & incorrectly submitted entries will be rejected by the Sportsoft entry portal
* Acknowledgement of entry will be by return email and final instructions will be emailed prior to the event.
* Clubs that run ineligible or unregistered runners will be disqualified and may have their entry refused for the 2015 event
* All Northern Athletics Clubs affiliated to England Athletics are eligible to enter the 2015 National Championships

***Prizes & Awards***

*Northern Championships*

Championship medals will be awarded to the first 3 ‘A’ teams to finish (male & female) in each age group excluding U11 age group. (Non Championship event; Awards will be made to the first three U11 teams).

*South Yorkshire AA Championships*

Championship medals will be awarded to the first 3 ‘A’ teams to finish (male & female) in each age group (Minimum of 4 teams per age group) entered in the South Yorkshire Championships.

*Yorkshire Veterans AA Championships* *(****for YVAA affiliated clubs only****)*

1st 3 teams in M35-39, 40-49, 50-59, & W35-44, 45-54.

1st 2 teams in M60-69. 1st team only in W55+ & M70+