

Pos	Name	Category	Club	Time
1	Tim Ellis	M	Calder Valley	00:37:23
2	Shaun Godsman	M40	Calder Valley	00:38:49
3	John Hunt	M45	Dark Peak	00:39:31
4	Jonathan Bruton	M	Darwen Dashers	00:39:42
5	Tom Snape	M		00:40:31
6	Alastair Murray	M	Horwich	00:40:36
7	Alan Ashton	M40	Liverpool Harriers	00:40:46
8	Glyn Kay	M	Horwich	00:41:18
9	Glen Groves	M40	Liverpool Harriers	00:41:25
10	Chris Reade	M45	Bowland	00:41:41
11	Mark Walsh	M45	Darwen Dashers	00:41:51
12	Amanda Crook	L	Southport Waterloo	00:41:54
13	Steve Smithies	M40	Calder Valley	00:42:10
14	Bryan Carr	M50	Congleton	00:42:23
15	Jason Philips	M		00:42:46
16	Simon Pymm	M		00:43:02
17	Mark Saunders	M	Bowland	00:43:04
18	Keith Thomas	M55	Burnden RR	00:43:11
19	Tom Hart	M	Dark Peak	00:43:32
20	John Perry	M	Wharfdale	00:43:51
21	Bryan Lomas	M40	Congleton	00:43:56
22	Robert Paradise	M	Calder Valley	00:43:57
23	Lawrence Eccles	M	Penny Lane	00:44:16
24	Tony Jackson	M50	Newburgh Nomads	00:44:26
25	Paul Riley	M40	Penny Lane	00:44:38
26	Chris Pedder	M55	Liverpool Pembroke & Sefton	00:44:46
27	Michael Kay	M40	Horwich	00:44:57
28	Paul Boardman	M50	Horwich	00:45:00
29	Kevin Brennan	M40	St Helens	00:45:01
30	Ali Welsh	M50	Bowland	00:45:11
31	Martin Pennington	M		00:45:49
32	Karl Tuzio	M45	Wigan Phoenix	00:45:58
33	Graham Hill	M45	Calder Valley	00:46:15
34	Alan Duncan	M60	Bowland	00:46:21
35	Robbie Wood	M55	Liverpool Pembroke & Sefton	00:46:26
36	John Noblett	M45	Altrincham	00:46:32
37	Mark Liptrot	M50	Lostock	00:46:54
38	Simon Tobin	M45	Southport Waterloo	00:47:05
39	Kevin Smith	M45	Darwen Dashers	00:47:13
40	Michael Toman	M45	Rossendale Harriers	00:47:16
41	Martin Carr	M45		00:47:23

42	Tony Hesketh	M60	Horwich	00:47:33
43	William Griffiths	M		00:47:38
44	John McNerney	M	Harrogate	00:47:41
45	Martin Quinn	M40	Chorley	00:47:44
46	Jonathan Stubbs	M45	Darwen Dashers	00:47:47
47	Sid Green	M	Albertville Harriers	00:47:50
48	Steve Monaghan	M50	Achille Ratti	00:48:09
49	Brian Davey	M55	Southport Waterloo	00:48:13
50	Peter Weatherhead	M60	Wirral AC	00:48:15
51	Rob Fletcher	M40	Mersey Tri	00:48:16
52	Robert Sharkey	M	Lostock	00:48:22
53	George Pierce	M40	Liverpool RC	00:48:31
54	Jeff Underwood	M	Newburgh Nomads	00:48:36
55	Chris Rainey	M40		00:48:42
56	Paul Demore	M45	St Helens	00:48:52
57	Paula Gaterell	L40	Parbold PP	00:49:00
58	Jamie Jackson	MU23	Newburgh Nomads	00:49:07
59	Andrew Dugdale	M50	Clayton Le Moors	00:49:11
60	Neil Hindle	M55	FRA	00:49:23
61	Neil Taylor	M45	Skelmersdale	00:49:37
62	Catriona McCluskey	L	Parbold PP	00:49:38
63	Ian Schofield	M		00:50:03
64	Greg Carns	M45	Lostock	00:50:09
65	Jeff Adams	M55	Pensby Runners	00:50:52
66	Richard Harris	M50		00:50:58
67	Daryl Mullen	M45	FRA	00:50:59
68	Tom Rutherford	M45	Pensby Runners	00:51:05
69	Andrew Hudson	M50	Southport Waterloo	00:51:28
70	Andrew Barton	M	Altrincham	00:51:41
71	Simon Galloway	M45	Todmorden	00:52:02
72	Rick Whalley	M40	Mersey Tri	00:52:19
73	Mark Taylor	M	Clayton Le Moors	00:52:28
74	Cristina Puccini	L45	Penny Lane	00:52:31
75	Kevin Monaghan	M45		00:52:33
76	Roberto Conte	M	Mersey Tri	00:52:41
77	David Livesey	M55		00:52:44
78	Jeff Lea	M50	Achille Ratti	00:52:48
79	Jamie Dowdall	M	Darwen Dashers	00:52:50
80	Graham Schofield	M55	Chorley	00:52:53
81	John Smee	M45	St Helens	00:53:00
82	Richard Underwood	M		00:53:00
83	Nigel Crompton	M50	Pensby Runners	00:53:07
84	Michael Crook	M65	Horwich	00:53:11
85	Steve Hollins	M55	U U	00:53:37

86	Fiona Johnston	L45	Parbold PP	00:53:50
87	Emma Gregory	L	Bowland	00:54:01
88	Gary Spriggs	M40	St Helens	00:54:04
89	Edwin Sherstone	M45	Southport Waterloo	00:54:06
90	Charles Colby	M40	Wesham	00:54:21
91	Jake Smallbones	MU23		00:54:26
92	Ian Ringrose	M50		00:54:41
93	Geraint Davies	M		00:54:58
94	Elliott Lorimer	M	FRA	00:55:00
95	Peter Dugdale	M55	Clayton Le Moors	00:55:02
96	Ted Cutting	M		00:55:12
97	Ryan Colbeck	M	Calder Valley	00:55:17
98	Michelle Murrphy	L45	Liverpool Harriers	00:55:20
99	Mark Walsh	M40	Spectrum	00:55:28
100	Linda Clarkson	L45	Darwen Dashers	00:55:30
101	Graham Breeze	M65	Wharfdale	00:55:34
102	Carole Quirk	L55	Skelmersdale	00:55:35
103	Gareth Rapkin	M		00:55:47
104	John Dobie	M65	Liverpool Pembroke & Sefton	00:55:50
105	Andrew Raynes	M50	Darwen Dashers	00:55:53
106	Mark Vincent	M	Penny Lane	00:56:06
107	Sharon Godsman	L40	Calder Valley	00:56:07
108	Patrick Lee	M45	St Helens	00:56:08
109	Karina Barnes	L	Darwen Dashers	00:56:20
110	David Miller	M55		00:56:21
111	Frank Martin	M50	Penny Lane	00:56:30
112	Paul Challenger	M	Pensby Runners	00:57:04
113	Neville Griffiths	M65	Spectrum	00:57:57
114	Paul Jenkinson	M45		00:58:07
115	Madeleine Watson	L45	Wharfdale	00:58:22
116	Stephen Fish	M55	Clayton Le Moors	00:58:31
117	Peter Murphy	M50	Darwen Dashers	00:58:54
118	George Thompson	M60	Clayton Le Moors	00:59:08
119	Simone Capponi	M	Penny Lane	00:59:18
120	Ian Yoxall	M45	FRA	00:59:21
121	Marc Ferreira	M		00:59:25
122	Angela Colby	L40	Wesham	00:59:28
123	Amanda Byrne	L40	Parbold PP	00:59:33
124	Chris Jamieson	M50	Esk Valley	00:59:35
125	Emma Gerrard	L		00:59:46
126	Andrew Rawsthorne	M		01:00:18
127	Jamie Underwood	M		01:00:18
128	David Unwin	M50		01:00:34
129	Nicola Johnson	L	Parbold PP	01:00:43

130	Julie Laverock	W45	Salford	01:01:03
131	Vicki Harvey	L45	Southport Waterloo	01:01:14
132	Robert Hirst	M60	Clayton Le Moors	01:01:20
133	Rebecca Simms	L45	Darwen Dashers	01:01:22
134	Chris Redhead	M45		01:01:29
135	Simon Poole	M40	St Helens	01:01:46
136	Karen Dalby	L50	Liverpool Harriers	01:01:53
137	Joseph Cooke	M55	Leigh Harriers	01:02:11
138	David Boorman	M		01:02:24
139	Patrick Henley	M65	Liverpool Harriers	01:02:58
140	Carly Edwards	L	Darwen Dashers	01:03:33
141	Stephen Tysome	M40		01:03:57
142	Louise Helm	L	Parbold PP	01:04:04
143	Neil Barnwell	M55		01:04:12
144	Ian Manners	M45	Manchester YMCA	01:04:26
145	Steve Taylor	M45	Fellponies	01:04:44
146	Ben Higginson	M55	Preston	01:05:06
147	John Francis	M65	Clayton Le Moors	01:05:08
148	Steve Ruffley	M50	Leigh Harriers	01:05:15
149	Sarah Roberts	L40	Darwen Dashers	01:05:28
150	Joanne Jadeson	L40	St Helens	01:05:40
151	Gordon Kaye	M60	Bingley	01:06:10
152	Gary Ward	M	St Helens	01:06:11
153	Marios Spindler	M		01:06:30
154	Chris Cash	M55	Darwen Dashers	01:07:06
155	Michael Newton	M		01:07:33
156	Danielle Ramsey	L	Mersey Tri	01:08:29
157	Jennifer Raffle	L45	Altrincham	01:12:25
158	Mike McDonald	M70	Bowland	01:17:41
159	Stephanie Charman	L60	Spectrum	01:19:43